Abstract:
The purpose of writing this article is to provide such a source to the poor and deserving people so that they may release themselves from the hunger and poverty. There are several sources from where I could write a thesis. At this time I want to write on a great problem for two time meals to the poor only. In which the basics of Islam has been discovered thoroughly to provide food to poor in the light of Quran and Hadith. And the importance of Kaffarah (the ransom for religious mistakes) to feed poor and needy person has been given due consideration. It has been proved that if any group / welfare organization try to develop its system of Ḥa'am-ut-ṭā'am (providing food) then these individuals may be freed two times. Whoever pushes his children to face the death due to the Hunger and Poverty

Islam has supported them and provided them with two time meals, a responsibility to provide them with the reward for Muslims on their shoulders. Because the biggest problem for the poor, two time meals should be solved.

Keywords: Welfare Providing Food, A problem of poor people

Introduction

Islamic Concept of Welfare:

ISLAM is the religion of Peace & prosperity, improvments & benefits, sacrifice & sympathy, consolation, sharing the sorrows, unity for Allah and serving the humanity. Its message is the welfare of mankind and upcoming/betterment of humanity. If we go through the teaching of Islam, we will find that one fourth of teachings relate to beliefs and prayers, but three fourth part of directs our attention towards "relation/internal matter".

Among people, he is better who does welfare to people. The people who forward this Hadith are those who create the will to provide welfare and well-being for the people. Their hearts are full of will for the welfare of the people. They are always busy to make plans and ways with an intention to provide relief to the Government Organization and their employees of low income group, towards places and ways out for this purpose. It may be noted that serving the mankind and providing welfare work have the values like worship to ALLAH; duties for such noble work are the causes of spiritual progress. Quran is the only religious book who considers release of slaves equal to crossing a big valley. Islamic Shariah is the only religious system which proclaims that providing food to poor and needy person is a source to wipe off wrong deeds.

Providing food not only the human beings but even to the hungry animals and water to the thirsty animals is considered to be a source of forgiveness by Almighty Allah from wrong deeds. But regretfully, many people of present age have forgotten this lesson.

If we deeply study the teachings of Holy Quran, the teachings of prophets (May Allah be pleased with them) and particularly the Sunnah of Holy Prophet (Blessings and peace be upon him) or the prophet age and the period of caliphs, the system of justice practiced in these days, then we find that there was complete unity among people for Allah only and the social welfare activities carried out are fully exhibited. In Islam the focal point of all the welfare activities like human kernel, work, welfare work for betterment and other social activities is only to acquire the pleasure of Allah. In Islam, the return of selfless social welfare work vanished if show and propaganda elements are involved. As a result the spiritual and mental peace is destroyed.

The verse of Holy Quran, many numbers are full of lessons for social welfare and betterment work. As said by Holy Allah.

And do good deeds on the hope that you may be relieved

If we deeply study Holy Quran, we will across many verses which relate at it's the subject of "Sadaqa". In fact Holy Allah directs your attention towards helping the needy. We also find such directives and instructions during the Holy period of prophet hood of our Prophet (Blessings and peace be upon him) which includes 3 years at Makka and 13 years at Madina Al Munawwarah. Not only this, the period before (the production of prophet hood, provides a decent example of serving the mankind, social welfare work. To create brother hood among heads of different (Qabails) groups and give confidence to the discriminated persons.

Participation in historical agreements namely Halafullazfuzz in ghaifavan-e-shaba, the heroic and undeterred work of placement of Hijar-e-awal during the construction work of Holy Ka’aba at the age of only 35 years. Also helped in stopping the bloodshed in Harab-ul-Fujjar among different Qabails, the courageous and full tactics activities for collective betterment, Holy Prophet’s (Blessings and peace be upon him) own individual life has an individual excellent position. Even his family members also carried out various welfare activities and have set excellent examples for the people.

In 440 AD, a citizen foundation of a state in Hijaz was laid down and different Qabails were allocated different responsibilities to Banulhashim were all related to social welfare activities for mankind. Their services are well described in Rafadah, Suhayyah and Darun-Nadav.

The first step after establishment of Islamic State in Madina-ul-Munawwara was the construction of Mansid-e-Qaba and Mansid-e-Nabvi. Orders were issued to create and maintain brotherhood only for the sake of Allah. The system of Aqsoof and Bait-ul-Maal for social welfare came into existence due to this; the economic Policy and social welfare policy were made clear. As such the factors of helping the poor, needy, widows, orphans, sick persons, aged persons, traveler sete were defined in such a way that they became as continuing worships in the light of Holy Quran and Sunnah.

Not only this, the shining period of Khilafat-e-Rashidah (The Caliph Period) and the periods of Sahaba-e-kiraam(May Allah be pleased with them) shows the great examples and stories related to social welfare are found in "Asar-o-Aqwal". But at this stage we intend to study the concept of social welfare in the light of the social problems being faced in the present age and their solutions.

The Great Concept of Service to Mankind in The Light of Holy Quran:

Holy Allah says in Holy Quran, regarding social welfare work and other welfare services to the mankind:

If this tough valley can be made an easy task:

AllamaQaziSanaullahPanipatiAlusmaniAlmazhari((May Allah blesses him)) (died in Hijri911) writes:

After he hurried not to the steep valley without deliberation; And what did you say that you were not discussing any matter?

Then he hurried not to the steep valley without deliberation; And what did you say that you were not discussing any matter?

And do good deeds on the hope that you may be relieved

If you are keeping your body to pay off (to complete) your obligation is equal to passing from this deep valley: when someone frees any slave or provides food to the needy person or pays Zakat on his assets is just like he entered that deep valley and passed successfully from there. 

It has been proved that if any group / welfare organization try to develop its system of Ḥa'am-ut-ṭā'am (providing food) then these individuals may be freed two times. Whoever pushes his children to face the death due to the Hunger and Poverty
First Step To Make Easy The Tough Valley

To free the slave:

Generally it is the wish of person to free the slaves and in return to obtain blessings and favors of Almighty Allah. But can this desire be fulfilled when there is no custom of slavery in the present age. The period of slavery has gone away. But if we try to understand this concept, we come to know that slavery means restrictions. Strict boundaries of bond, Islam have abolished this system. However in the present age there is one option available is that the persons who are facing the jail without any fault or sin, should be made free so that they can get the real pleasure freeing the prisoners or the persons suffering jail troubles and difficulties for no fault on his part be made free from the jail boundaries. We must understand these phenomena in detail.

Imam Abu Abdullah Muhammad Bin Ahmed Al-Ansari, Al-Khizarjri, Al-Qurtabi, Al-Maliki (May Allah blesses him) (died in Hijri 671) write in light of the following verse. There are three way to free a free a box deed man (slave).

Mean to free from the bond (رقبۃ)

Hazrat Bara has quoted hadith:

وَإِذْ كَانَ الْخَتَّامُ بِالْفُضْلِ (لا定向)لیفی سَبَقُ الْمَلَکَ عِندَ الْمُلْؤِ (مَسْخِفَ)هُمْ فِی الْعَذَابِ (فِی ایبَاهِ الدَّارِ)

Hazrat Qurtabi, Al Hasan (May Allah is pleased with him) has said that by this it means a person who is away from his homeland.

Hazrat Mujahid (May Allah is pleased with him) has said that it means that person who does not have clothes to cover and save his body from dust etc.

Hazrat Ibtne Jaber and Ibn Munzar (May Allah blesses him) have quoted Hazrat Ibtne Abbas (May Allah is pleased with him):

فَخِرَ بِالْحَقِّ وبِحُرِّ الْغَذَايْنَ دَعَاهُ مَعَهُ وَأَصْلَحَهُ فِی الْجِرَاحِ

Hazrat Kazarji, Al Shafee (May Allah blesses him) has said he has family also

Hazrat Qurashi has quoted Hazrat Ibtne Abbas (May Allah is pleased with him) and said that by this it means that person who is homeless and no shelter to live in.

If you can’t afford these, then provide food to the hungry

Hazrat Qudadhah (May Allah blesses him) said he has family also

Hazrat Karamah (May Allah blesses him) says that such a person is indebted

Abu Sannan (May Allah blesses him) says that it means a person who is disable and cannot move

And you can’t do these good words from your mouth and shut your tongue.

In the present age there are no slaves according to Shariah, nor the slavery tradition but faultless prisoners can be made free from prisons. They can be helped in there trials and afforded be made to them free with honor. All deeds mentioned above cannot be fulfilled without the spirit of doing welfare work. As such our religious teach us to do social work and serve the humanity so that we keep helping our needy brothers and relatives. Even if they need a milk giving animal we should give them without any hesitation. If we cannot do so then we should provide food water to the needy persons. And we should open our mouth to speak good only, because when tongue speaks it can speak such words which may hurt many people. Like speaking against someone in his absence. Therefore Islam teaches us righteous only and speaks no such words which are against the benefits here and in the life after.

Second Step to Ease The Tough Valley

To provide food / Eatable to Poor and Needy:

According to the teaching of Islamic second step to ease this tough valley is to provide food to the poor and needy persons. This is the department in which Muslim of the world have been contributing their share since early day of Islamic State; provide food to the poor and needy persons according to their capacities. There is one hidden factor here.

Imam Abu Abdullah Muhammad Bin Dawood Al Ansari, Al-Khizarjri, Al-Qurtabi, Al-Maliki (May Allah blesses him) (died in Hijri 671) refers this Ayah (فِی یومٍ الطعامُ فیہ عزیزٌ) refers this Ayah (الزمانۃ) means to open the bond

Just like freeing (releasing) the prisoners from the jail, as said by Hazrat-e-Hassan (May Allah is pleased with him) in a poetic Language.

There are many prisoners (slaves) whom we released without any return. If you can’t afford these, then provide food to the poor and needy persons according to their capacities.

Generally it is the wish of person to free the slaves and in return to obtain benefits here and in the life after. When we give good word to a person it may hurt many people. Like speaking against someone in his absence. Therefore to speak good only, because when tongue speaks it can speak such words which are against the benefits here and in the life after.

Asfor as the importance by Holy Quran, about feeding the needy, the orphans, a bonded man (prisoner) and the hungry can be well understood from this Quran Verses.

Holy Quran teaches us to feed the poor, the orphans and Prisoners and behave nicely with them.

Holy ALLAH says:

وَيَطَمِنُونَ الْخَطَّابَ عِیْنَ مَسْكِیْنٍ وَأَصْلِحِیْنَ عِیْنَ الْمَغْرَبِ النَّاطِقَ بِالْحَقِّ وَالْمَغْرَبِ وَالَّذِیۡنَ لا تَرْضِیۡوَ لَهُمَا ذَلِکَ جَزَآءَ لَهُمَا وَلَا فَاتَّحِرُوا(8)

And they feed just for the sake of ALLAH and in the love us of ALLAH, the poor, the orphan and the homeless and say that we feed for ALLAH only and expect no obligation or no return for this.
ImamjalaluddinSuyuti (May Allah bless him) (died in Hijri911) describing the Tafeer writes that; they feed only for the sake of ALLAH although they themselves wish to eat that food.\(^{[14]}\)

This description has been further clarified by Imam Abu Al-Fida a Ismail Bin Umar Ibn-e- kasseer (died in Hijri 774) proclaims that they themselves wish to eat and have desire for that butin spite of these they feed the poor, the orphans and the prisoners.\(^{[16]}\)

**Astonishing Factors:**

It is highly appreciable fact that they have been desire / need but in spite they prefer to feed others. They are friend of ALLAH they have the esteemed feeling of sacrifice. The astonishing fact lies here that do not discriminate among Muslims and Non-Muslims and feed even Non-Muslims in such a condition. This has been elaborated from the following questions.

HazratQatalah,(May Allah is pleased with him) according to the above verse, says that ALLAH has said about prisoners that good behavior be exercised with them (in those days non-Muslim were the prisoners). He says that on ALLAH the respect and right of your Muslim brother is much more upon you for a non-Muslim.\(^{[17]}\)

while reading this verse of Holy Quran we get to learn that it is a credit and honor of Muslims that, they since days early are eager to serve the human being without any discrimination of cast and creed. This tradition continues today also and there are large numbers of persons on this earth who are the practical examples of this verse of Holy Quran.

We find these pleasant things in HaramainTayyabahin everywhere. Some people are seen distributing food to the common men; some people are busy in serving with Schokhrarthe visitor’s withtheir decorated clothes full of different items. So much so some people have arranged such services at many areas / streets as we find similar activities in the well-known city of Karachi. By Saylani Welfare Trust, Chibpa Trust etc. the writer of this article has found that the biggest department of human service by Saylani Welfare trust is to provide food to the poor and needy person. According to the information gathered. Saylani welfare provides food to eat, water to drink and things other of Human needs just in the name of ALLAH at about more than 70 places and food (two times a day) to about 63000 poor and needy person in the cities of Karachi, Hyderabad and Faisalabad. As such overall about (100,000) persons are benefitted from this organization on daily basis.

According my research and observation, the outstanding quality of this organization is that food is served 365 days in year. Whether there be a hot or cold or strike or rain or holidays, its services remain continue / uninterrupted. The second large quality is that poor and needy persons are served food with mutton when is these days of high prices to purchase mutton meat is just unthinkable for a poor person.

This shows that in Islamic Principles, many benefits of Human welfare are hidden.

**Holy Quran teaches to give “Sadaga” (return of Mistakes) in the shape of providing food to the poor & need persons.**

While studying the teaching of Holy Quran, there we find several observation / instruction / orders, we also findthat instructions and directions to feed poor and needy persons as your return / Sadaqa (in the shape of Kaffarah) against you religious mistakes / faults etc. This proves that feeding the poor and needy persons is the will of ALLAH and ALLAH is pleased with such act deeds.

Let us go through the verses of Holy Quran where ALLAH has given directives to provide food to the poor and needy persons.

**KAFFARA Against Non-Fasting**

If a person is old or so much weak that he cannot keep fast, he should pay kaffarah (a return / compensation against none fasting in the shape of feeding the poor).

And those who cannot fast feed a poor as a resource or compensation.\(^{[18]}\)

**KAFFARA / Compensation Against Not Fulfilling The Oath.**

When any person takes a proper oath but then he does not fulfill the same due to any reason, then in such condition Holy ALLAH has set ransom or compensation, and by this Holy ALLAH wishes the welfare of poor and needy persons.

The expiation of such oaths is the feeding of ten needy persons with average food with which you feed your family members, or clothing them.\(^{[19]}\)

This means provide food to ten Poor person two times a day or pay them money equivalent to that food, or provide them clothes (may be of average type). By the termination of Oath by a person is compensated and on the other hand poor’s are benefitted.

**Catching / Killing Animals When AHARAM is Worn On The Body-Ramson Described Feed The Poor and Needy**

Wherever ALLAH SAYS:

As expiation, feeding of some needy persons.\(^{[19]}\)

If any person wearing earing by mistake catches birds then Allah says to give sacrifice of the same type of animal near Haram sharif or give ration of the same price to poor person in such a way that every poor person get share equal to fitraha so that every person can get food.

**Meeting Wife in Fasting Condition, Ransom Described**

Holy ALLAH Says:

Then he should feed sixty Poor people.\(^{[21]}\)

It is classified that a person having committed such an act, he should fast for 60 days. If he is unable to fast for 60 days then he must feed 60 poor and needy persons.

1. The Directives to feed poor and needy person in the light of AHADITH.

2. The favorite is to feed the people:

ImamjalaluddinAbuFazal Abdul Rahman Bin Abibakar Al-Suyuti Al-Sifaaee(May Allah blesses him) (died in Hijri 911) writes:

It means obeying / completing the compulsory prayers / Islamic orders. The meet most favorite act near to Almighty Allah is feeding the poor and needy persons.

**The Top Most Quality of Islam is to Feed The People:**

Abu Abdullah Muhammed bin Ismail Bukhari(May Allah blesses him)(died in Hijri 256) has quoted:

Abdul Bin Umar (May Allah is pleased with him) has said the one person The Holy Prophet (Blessings and peace be upon him) that what is good in Islam? Holy Prophet (Blessings and peace be upon him) replied: To feed The Hungary is a source of getting release from sins.

**The ACT that necessarily attracts the Blessing of ALLAH:**

Abu Mohammed Abdul Azeeem Bin Abdul Qari Bin Abdullah Bin Salamah Bin SaadMunzart(May Allah blesses him) (died in Hijri 405) has quoted:

**To feed The Hungry is a source of getting release from sins:**

Abu Abdullah Muhammad Bin Abdul Al-Hakim Al-Neshopuri(May Allah blesses him)(died in Hijri 405) says:

Hazarat Jahir (May Allah is pleased with him) describe that Holy Prophet (Blessings and peace be upon him)Hassaid:

Among the thing that necessarily attracts the blessings of Almighty Allah is to feed the poor and needy Muslims.\(^{[20]}\)

To feed The Hungary is a source of getting release from sins:

Abu Abdullah Muhammad Bin Abdul Al-Hakim Al-Neshopuri(May Allah blesses him)(died in Hijri 405) says:

Hazarat Jahir Bin Abdullah (May Allah is pleased with him) has quoted Holy Prophet (Blessings and peace be upon him)Hassaid:

To feed a hungry man is a source of getting release / free from sins.\(^{[20]}\)

**To Feed is a Cause Showering Blessing / Increase:**

Al-Hufz Abu Abdullah Mohammad Bin YazeedIqwanillinereMagha(May Allah blesses him)(died in Hijri 275) Quoted:

Hazarat Abdullah Ibn Abbas (May Allah is pleased with him) has said that Holy Prophet (Blessings and peace be upon him)Hassaid said:

In the house where people are feed the increase and blessings reach that house before the throat of camel is cut.\(^{[20]}\)

**Clarification:**

Form the different verses of Holy Quran and Ahadith, it is clear that Almighty Allah has very good liking for those who feed the people. One of the reason for this is that Almighty Allah is Provider he provides food to the People of the world. He has promised to provide food (eatables) and said:

And there is no moving on this earth, the provision of that is not upon the generous & responsibility of Allah.\(^{[22]}\)
This is the greatness of Almighty Allah that he provides food / provision event to those insects and animals who are living under the bottom of the seas. To provide Allah has managed different ways / sources such as giving away Zakat, fitra, charity donation etc. and one more is the ransom / compensation which to benefit the poor person through this source.

If anyone has any doubt or objection in his mind about the Islamic concept of welfare to provide food to the poor then he must read these Quranic verses very carefully in which Allah says: And when it is said to them, spend out of that with which Allah has provided you, then the infidels say to the Muslims, 'shall we feed those whom Allah would have fed, if he had so willed? You are not but in a manifest error.'

It is said in the Holy Qur'an about describing incompetent factors of Aas bin wa'le'semi and waleed bin mughayyarah: And we used not to feed the needy ones.

And does not urge the feeding of the poor?

In fact Allah has described a problem of feeding food twice a day through welfare activities so that people must feed poor and needy person. And those who are fade-up of their lives should not die with hunger along with their children but will get food twice a day honor and dignity.

Now it is essential that we must make effort to this purpose so that poor and needy person can get food at least two Time a day. References:

darulmizabulililmam 1417 Hijri.
14. Holy Quran,Surah Al-Dahur: 76: Verse No: 8,9
31. Holy Quran,Surah Al-Maun:107, Verse No: 3